

Den femte etappen av 6-dagarsorienteringen avgjordes vid Uljeshult med Lars-Åke Claesson som banläggare.

Bana 1: 4 200 meter

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| 1) Andreas Ivansson | Vaggeryds SOK 41.00 |
| 2) Andreas Frisk | Vaggeryds SOK 45.15 |
| 3) Ingvar Lindström | Skillingaryds FK 51.47 |
| 4) Martin Pehrsson | Skillingaryds FK 51.58 |

Bana 2: 3 500 meter

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| 1) Maritha Henriksson | Vaggeryds SOK 43.22 |
| 2) Ove Andersson | Vaggeryds SOK 47.28 |
| 3) Susanne Axelsson | Vaggeryds SOK 48.40 |
| 4) Kent Robertsson | Vaggeryds SOK 51.08 |
| 5) Johan Thuresson | Vaggeryds SOK 52.07 |
| 6) Emma Byrmo | Vaggeryds SOK 52.39 |
| 6) Ida Hedin | Vaggeryds SOK 52.39 |
| 8) Jack Andersson | Vaggeryds SOK 56.40 |
| 9) Torbjörn Gustavsson | Vaggeryds SOK 59.21 |
| 10) Per Andersson | Vaggeryds SOK 72.02 |

Bana 3: 2 300 meter

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| 1) Sara Thuresson | Vaggeryds SOK 43.41 |
| 2) Agne Rybeck | Vaggeryds SOK 69.03 |

Bana 4: 2 100 meter

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| 1) Ingemar Emilsson | Vaggeryds SOK 21.13 |
| 2) Gunitha Robertsson | Vaggeryds SOK 34.27 |